لا يمكن قراءة النص العربي من الصورة المقدمة.
The effects of emotional focused therapy on increasing the marriage suitability of barren couples

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Abstract

Introduction: The present research is determining the effects of emotional focused therapy on increasing the marriage suitability of barren couples. The present research is a quasi-experimental study. The samples in the intervention group consisted of 6 couples in which the wife was under infertility diagnosis by a gynecologist and the husband was under infertility diagnosis by a urologist. The husbands were assigned to control and experiment group. Six couples in which wife was selected and husband was infertility, and other 6 couples were assigned to control group. The therapy intervention was 6 sessions of emotional focused therapy. The effect of therapy was evaluated using the test and the test was repeated after 3 months. The post-test was performed for all couples of both groups. The data were analyzed using a paired t-test. The results showed that the mean score of marital suitability of the intervention group was greater than the control group. Therefore, the intervention of emotional focused therapy is effective in increasing the marital suitability of couples with infertility.

Keywords: Emotion, Focused Therapy, Marriage Suitability, Barrenness

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