

relationship between sexual activities and premature labor*Masume Heydari, Shafiqhe Mohamadi Tabar, Azita Kiani, khadije Mohamadi¹*

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Background and Objectives: Sexual activity during pregnancy is completely normal would not cause any problems for mother and fetus. However, a vague fear of intercourse during pregnancy is the cause of the separation couples. In order to study the relationship between intercourse with fetal complications during pregnancy, This study covers pregnant women attending for health centers one of the universities in Tehran in ۲۰۰۶.

Methods and Materials In the present cross-sectional study. the sample is made up of ۲۰۰ pregnant woman and husbands, selected from those attending the pregnant care clinics one of a university in thehran.they were surveyed by questionnaire of sexual behavior. The assessment instrument was applied individually and in woman and husbands' were summaries using descriptive statics.

Results: The study was conducted on ۲۰۰ couples. The age of women and husbands' were 27.4 ± 1.26 and 31.0 ± 3.1 . ۵۲/۲% of Women and ۶۱/۶% of men believed that sexual intercourse during pregnancy cause of the fetus harm and ۷۲/۳% of women and ۸۱/۳% of men believed that sexual intercourse in the last months of pregnancy leading to preterm labor. However, ۵۷/۱ percent women and ۵۸ percent of men believed sexual intercourse in the last month of pregnancy to cause ease delivery.

Conclusion Therefore it is recommended that level of pregnant woman information, should be increased by education through prenatal care center and organizations in order to improve the practice of pregnant women.

Key words: *sexual activity - Premature labor -PROM-prematurity*

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