relationship between sexual activities and premature labor

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Background and Objectives: Sexual activity during pregnancy is completely normal would not cause any problems for mother and fetus. However, a vague fear of intercourse during pregnancy is the cause of the separation couples. In order to study the relationship between intercourse with fetal complications during pregnancy, This study covers pregnant women attending for health centers one of the universities in Tehran in 2003.

Methods and Materials In the present cross-sectional study, the sample is made up of 100 pregnant woman and husbands, selected from those attending the pregnant care clinics one of a university in Tehran. they were surveyed by questionnaire of sexual behavior. The assessment instrument was applied individually and in woman and husbands’ were summaries using descriptive statics.

Results: The study was conducted on 100 couples. The age of women and husbands’ were $34.6 \pm 1.2$ and $41.0 \pm 2.1$. $0.21/12$% of women and $11.7\%$ of men believed that sexual intercourse during pregnancy cause of the fetus harm and $97.9\%$ of women and $1.3\%$ of men believed that sexual intercourse in the last months of pregnancy leading to preterm labor. However, $0.7\%$ percent women and $1.8\%$ percent of men believed sexual intercourse in the last month of pregnancy to cause ease delivery.

Conclusion: Therefore it is recommended that level of pregnant woman information, should be increased by education through prenatal care center and organizations in order to improve the practice of pregnant women.

Key words: sexual activity - Premature labor - PROM - prematurity
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