Studying the Relationship between Illogical Beliefs and General Health among personals of Imam Sajjad Hospital in Ramsar Township

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Abstract

General health of individuals varies according to different characteristic factors, including their beliefs. The present study was done with the objective of the relationship between illogical beliefs and general health among personnel of Imam Sajjad hospital in Ramsar Township. 100 nurses (80 female and 20 male) were chosen by the method of available sampling. In this study questionnaire of general health of Goldeberg (consists of 28 questions) and questionnaire of illogical beliefs (IBT) have been used. For analyzing the data, t test of dependent groups, correlation test and regression were used. There is not a meaningful relationship between general health and illogical beliefs. There is not a meaningful difference between the general health and illogical beliefs of men and women. Using specific grants by nurses and social support causes to improve the general health.

Keywords: General health – illogical beliefs – nurses.

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