

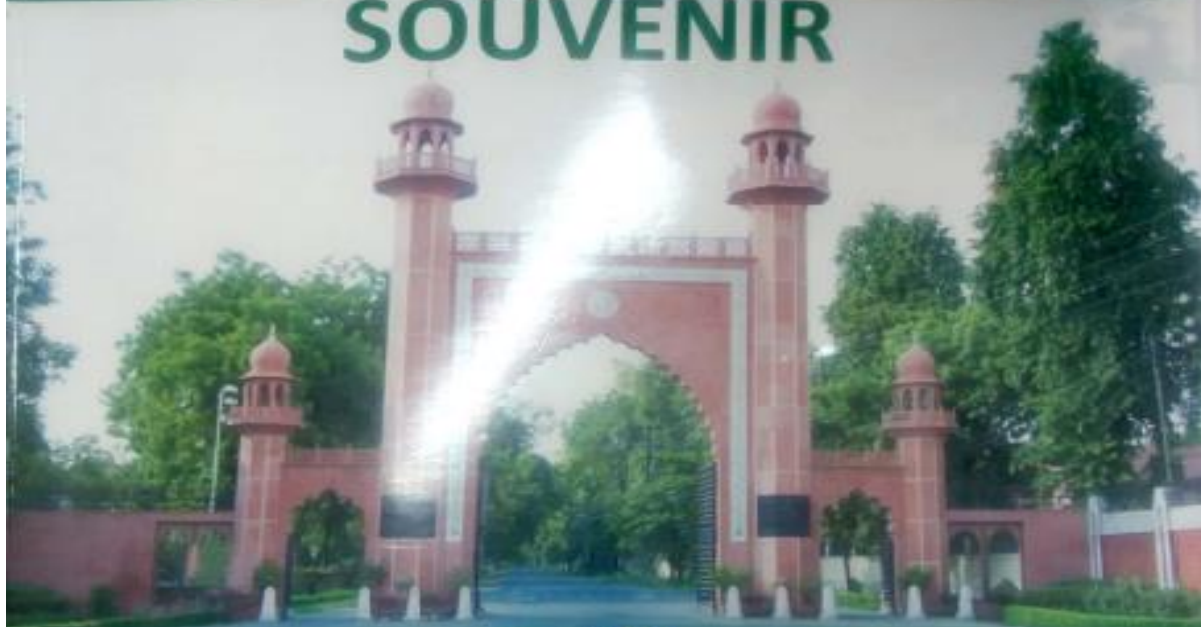


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# Ethics and Spirituality in the Book of al-Mu'alajat al-Buqratiyyah

## Compiled by Abolhassan al-Tabari

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**Aim and objectives:** Ethics and spirituality in medicine are among topics that have been increasingly emphasized in recent years. According to the medical manuscripts of the Iranian clinical practitioners of traditional medicine, a good physician should be equipped with personality traits, including ethical and spiritual virtues, such as: secrecy, self-control, and adherence to dignity, peace and good manners, purity, piety, and avoidance of immorality, modesty and politeness, truthfulness, altruism, and having the intention of being close to God while serving the people, kindness, respect, commitment to education and continuous study and awareness raising. Most of these teachings and their importance have been emphasized in modern medical ethics. This article reviews some ethical and spiritual teachings contained in the Book of al-Mu'alajat